

Salmon Creek Head Start Newsletter

January 2016 Newsletter
Issue 5

Important Dates

- ❖ **Monday 01/11:**
Make-up school day, no busses, parents please provide transportation
- ❖ **Thursday 01/14:**
Show & Tell, children bring one item to share, families invited at 10:15am
- ❖ **Friday 01/15:**
No Busses running; (JSD out of school)
Parents please provide transportation
- ❖ **Thursday 01/21:** Turf for Tots field trip to Dimond Park Fieldhouse
- ❖ **Thursday 01/28:**
Family Fun Night,
More info to follow



What we've been up to:

December was a whirl wind of winter and Christmas adventures. We decorated Christmas cookies with the residents of the Pioneer Home. Santa came to visit our classroom and brought us each a gift. We practiced really hard and went caroling through the Pioneer Home and performed our carols for our families during family night, (which had an amazing turn out, thank you families who attended!) We made ornaments for the Pioneer home trees and Tlingit button blankets for our families. We ended December with a pajama party where we ate popcorn, snuggled up and watched *Rudolph the Red Nosed Reindeer*. It was a wonderful month for Salmon Creek. Whew!! Luckily we had two weeks to rest up after all that.

Reminders for Families

- **Toys & food stay home:** We have two full meals so please save your snacks for home. We also have lots of wonderful toys to play with at school!
- **Volunteers** are welcome anytime! If you have a chance families, come play & learn with us!
- **Absences** remember to **call in** when your child will be absent. Three missed days and no phone contact means we will be visiting your home. Attendance is so important for your child's success in school; please do all you can to get them here regularly.

Plans for January

Picture Captions

Front Center: Santa asks, "Who has been a good boy or girl this year?"

Front bottom: Kaydence tells Santa what she wants for Christmas

Back Left: Damianne, Raymond & Logan disassemble a keyboard with tools

Back Right: Tierney helps dig a grave as we laid our classroom Beta fish Bubuh to rest this month ☺

*"All genuine learning comes through experience."
-John Dewey*



Salmon Creek Head Start

4675 Glacier Hwy
Juneau, AK 99801

Classroom Phone:
(907) 780-2581

Fax:
(907) 780-2587

E-mail:
jshanley@ccthita.org

Bus Barn Phone:
789-7352
Central Office Phone:
463-7127

January is in full swing! We are happy to be back after a long winter's nap. Our content focus will be learning the letters in our name, letter sounds, patterns and number recognition.

We will also be learning about stars and outer-space. Families can get involved by looking at the moon and stars on clear nights with your child. Maybe the Aurora Borealis will come out for us!

We will be practicing math skills using rhythm and movement; with rhythm sticks and dancing. The end of the month we will begin our water unit: creating ice, steam, and exploring the different properties of water.

Families can get involved by pointing out frost, ice, steam and fog!

The Importance of Routines

One of the most important things you can do to make your child feel safe is to establish a routine. A regular schedule fosters responsibility and independence because children will be able to perform more activities on their own if they have done them many times before in the same environment.

Here are 5 ideas for starting a routine in your home:

1. Plan at least one meal per day that you have together as a family
2. Have a bedtime ritual; story, soft music, consistently the same
3. Prepare them for transitions "We have 10 minutes until pajamas."
4. Create a picture schedule together with your child that shows their daily routine, go over the schedule until its well known
5. Don't be too rigid. Children also need to learn how to be flexible.

www.education.com

